

Condition	Percent of Older Adults Affected
Hypertension	60%
High cholesterol	51%
Arthritis	35%
Ischemic or coronary heart disease	29%
Diabetes	27%
Chronic kidney disease	25%
Heart failure	15%
Depression	16%
Alzheimer disease	12%
Chronic obstructive pulmonary disease	11%

**Table 24.1** Common Chronic Conditions for Older Adults (National Council on Aging, 2023)