

Level	Supports
1	Needs some support Can communicate with others but with difficulty May not understand social cues and body language of others
2	Needs substantial support Has difficulty communicating or socializing with others Performs repetitive behavior, called stimming, that helps them self-regulate
3	Needs very substantial support Has extreme difficulty with self-expression Has difficulty completing activities of daily living (ADLs) Is prone to neglect, abuse, and discrimination

Table 23.2 Levels of Support for Children with Autism Spectrum Disorder (Rudy, 2023)