

CJMM Step	Notes
Assessment	Hyponatremia Hypokalemia Palpitations
Priority problem	Fluid volume deficit related to frequent self-induced vomiting
Outcomes	Clients' electrolytes will return to normal limits
Interventions	Daily labs Electrolyte replacements (oral and IV)
Rationale	To ensure that client is adequately hydrated and that client's electrolyte balance is restored To assist with healthy eating habits/choices
Evaluation	Client's sodium and potassium levels increased during admission

**Table 20.2** Nursing Care Plan for Client with Bulimia