

Body System	Symptom(s)
Integumentary	Lanugo, hair loss, dry skin, pruritus
Neurological	Mood changes like irritability
HEENT	Abnormal closure of the eyelids
Gastrointestinal	Constipation, bloating, pancreatitis, hepatitis dysphagia, delayed gastric emptying
Cardiac	Edema, bradycardia, cool peripheries, hypotension, mitral valve prolapse, arrhythmias
Pulmonary	Pneumonia, respiratory failure, emphysema, spontaneous pneumothorax
Hematologic/Electrolyte	Pancytopenia, hypokalemia, hyponatremia
Musculoskeletal	Osteopenia/osteoporosis
Endocrine	Infertility, amenorrhea, growth delays, delayed puberty, thyroid dysfunction, hypoglycemia, increased cortisol levels, neurogenic diabetes insipidus

Table 20.1 Symptoms Associated with Anorexia (Mehler & Brown, 2015; Kit Tan et al., 2022)