

Stage	Age (Years)	Erogenous Zone	Major Conflict	Adult Fixation Example
Oral	0–1	Mouth	Weaning off breast or bottle	Smoking, overeating
Anal	1–3	Anus	Toilet training	Neatness, messiness
Phallic	3–6	Genitals	Oedipus/Electra complex; identify with gender role	Vanity, overambition Difficulty with relationships
Latency	6–12	None	Social interaction	None
Genital	12+	Genitals	Intimate relationships	None

Table 2.1 Freud's Stages of Psychosexual Development (Cherry, 2023)