

<b>Nursing Diagnosis</b>	<b>Definition</b>	<b>Selected Defining Characteristics and/or Risk Factors</b>
Risk for suicide	Susceptible to self-inflicted, life-threatening injury	Reports desire to die Statements regarding killing self Hopelessness Social isolation
Risk for self-mutilation	Deliberate self-injurious behavior causing tissue damage with the intent of causing nonfatal injury to attain relief of tension	Cuts or scratches on body Ingestion or inhalation of harmful substances Self-inflicted burns
Risk for other-directed violence	Susceptible to behaviors in which an individual demonstrates they can be physically, emotionally, and/or sexually harmful to others	History of childhood abuse History of cruelty to animals History of witnessing family violence History of fire-setting
Ineffective coping	A pattern of invalid appraisal of stressors, with cognitive and/or behavioral efforts that fail to manage demands related to well-being	Destructive behavior toward self or others Ineffective coping strategies Ineffective problem-solving skills
Defensive coping	Repeated projection of falsely positive self-evaluation based on a self-protective pattern that defends against underlying perceived threats to positive self-regard	Difficulty maintaining relationships Hypersensitivity to criticism Projection of blame Projection of responsibility
Social isolation	Aloneness experienced by the individual and perceived as imposed by others and as a negative or threatening state	Hostility Values incongruent with cultural norms History of rejection
Ineffective family health management related to manipulative behavior	Aloneness experienced by the individual and perceived as imposed by others and as a negative or threatening state	Impaired communication patterns Disturbed thought processes Delusional thinking
Risk for spiritual distress as manifested by poor relationships	A state of suffering related to the impaired ability to experience meaning	Ineffective coping strategies Perceived insufficient

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	in life through connections with self, others, the world, or a superior being	meaning in life Hopelessness Social alienation

**Table 18.1** Common Nursing Diagnoses for Clients with Borderline Personality Disorder