

Phobia	Description
Arachnophobia	Fear of spiders
Acrophobia	Fear of heights
Agoraphobia	Fear of open or crowded spaces or situations where escape might be difficult
Claustrophobia	Fear of enclosed or tight spaces
Social phobia	Fear of social or performance situations that may lead to embarrassment
Aerophobia	Fear of flying
Trypanophobia	Fear of needles or injections
Ophidiophobia	Fear of snakes

Table 17.6 Common Phobias (American Psychiatric Association, 2013)