

Medication	Classification	Use
Sertraline	SSRI	Often used for GAD and other anxiety disorders
Escitalopram	SSRI	Commonly prescribed for GAD
Venlafaxine	SNRI	Used to treat GAD, may have fewer side effects
Buspirone	Azapirone	A non-benzodiazepine option for chronic anxiety
Alprazolam	Benzodiazepine	Short-term relief, risk of dependence
Diazepam	Benzodiazepine	Used for acute anxiety, not typically long-term

Table 17.5 Medication Treatment for GAD (Bandelow, Michaelis, et al., 2017)