

## Unfolding Case Study: Depression: Part 3

See [Depression: Part 2](#) for a review of the client data.

PMH The client indicates that he has a plan to suffocate himself in the bed sheets in the hospital. He declines to come out of his room and continues to appear withdrawn and tearful.

5. What actions would the nurse take with this client? Select all that apply.

1. arrange for the client to be placed under observation
2. communicate therapeutically with the client
3. arrange for someone from assisted living community to visit him
4. encourage the client to come out of his room
5. withhold his medication in case he is "cheeking" it
6. provide emotional support for the client
7. validate the experiences and feelings of the client
8. leave the client to eat on his own in private
9. identify enjoyable activities for the client

6. What would be expected outcomes or unexpected outcomes for this client following the treatment that he is given in the unit?

	Expected Outcome	Unexpected Outcome
Joins in activities in the assisted living community		
Does not wish to meet with his son		
Takes his medication		
Wants to keep living		
Loses weight		
Eats meals in private		