

| Stage                                  | Description  |
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| 1. No cognitive decline                | No memory problems.  |
| 2. Very mild cognitive decline         | Complaints about losing things, such as car keys or forgetting names of things. No deficits in social or occupational settings.  |
| 3. Mild cognitive decline              | Difficulty with tasks in the work setting. Memory deficits. Anxiety related to cognitive changes. Potential for a diagnosis of MiND.   |
| 4. Moderate cognitive decline          | Difficulty with remembering personal history. Difficulty managing money or traveling. Lack of emotional expression. Withdrawal from situations deemed challenging.   |
| 5. Moderately severe cognitive decline | Assistance needed with things like choosing an outfit. Increased deficits in short-term memory. Not oriented to time, date, or place.  |
| 6. Severe cognitive decline            | Needs assistance with ADLs. Lack of memory of recent activities. Sleep disturbances, incontinence of bladder and bowel. Hallucinations, agitation, anxiety, and obsessive behavior may occur.                              |
| 7. Very severe cognitive decline       | No longer able to hold a conversation or talk. No longer able to control bladder and bowel functioning. Needs assistance for all ADLs. Difficulty moving, eating, swallowing. Drastic changes to personality and behavior. |