

Stage	Description
1. No cognitive decline	No memory problems.
2. Very mild cognitive decline	Complaints about losing things, such as car keys or forgetting names of things. No deficits in social or occupational settings.
3. Mild cognitive decline	Difficulty with tasks in the work setting. Memory deficits. Anxiety related to cognitive changes. Potential for a diagnosis of MiND.
4. Moderate cognitive decline	Difficulty with remembering personal history. Difficulty managing money or traveling. Lack of emotional expression. Withdrawal from situations deemed challenging.
5. Moderately severe cognitive decline	Assistance needed with things like choosing an outfit. Increased deficits in short-term memory. Not oriented to time, date, or place.
6. Severe cognitive decline	Needs assistance with ADLs. Lack of memory of recent activities. Sleep disturbances, incontinence of bladder and bowel. Hallucinations, agitation, anxiety, and obsessive behavior may occur.
7. Very severe cognitive decline	No longer able to hold a conversation or talk. No longer able to control bladder and bowel functioning. Needs assistance for all ADLs. Difficulty moving, eating, swallowing. Drastic changes to personality and behavior.